

Connection Group Discussion Questions

1. What aspect of the message was most significant to you?
2. Read **1 Corinthians 6:12**. How can you tell if a good thing has become an addiction? How do you define an addiction?
3. Read **Romans 6:12-14**. Do you agree that addiction is a sin issue? Why or why not?
4. Read **Romans 1:24-25**. Do you agree with the concept that an addiction is a form of idolatry? Why or why not?
5. Read **John 8:44** and **2 Peter 2:19**. How do our idols lie to us?
6. Could you relate to the gorilla metaphor? How is an addiction like a pet gorilla?
7. Have you ever broken free from an addiction? What was it and how did it happen? What were the greatest keys to breaking free?
8. Read **James 5:16**. Why is it so difficult for people to confess an addiction to others?
9. Read **Psalms 34:8**. Why should we worship God, rather than idols?



BREAK FREE FROM ADDICTION

Break Free, Part 14
Pastor Todd Hudnall
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1 Cor. 6:12 All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any.

Understanding Addictions

1. **An addiction is a _____ issue.**
Rom. 6:12-14 Therefore do not let sin reign in your mortal body, that you should obey it in its lusts. And do not present your members as instruments of unrighteousness to sin, but present yourselves to God as being alive from the dead, and your members as instruments of righteousness to God. For sin shall not have dominion over you, for you are not under law but under grace.
2. **An addiction is a _____ disorder.**
Rom. 1:24-25 ... who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever.

Jer 2:5 (TEV) They worshiped worthless idols and became worthless themselves.

3. **An addiction is a** _____.

Luke 16:13 “No servant can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.”

2 Pet. 2:19 While they promise them liberty, they themselves are slaves of corruption; for by whom a person is overcome, by him also he is brought into bondage.

To Break Free From Addictions

1. _____

Acts 3:19a “Repent therefore and be converted, that your sins may be blotted out...”

- **Turn from** _____

Acts 14:15b “...you should turn from these useless things...”

- **Turn to** _____

Acts 14:15c “...to the living God, who made the heaven, the earth, the sea, and all things that are in them.”

2. _____

2 Cor. 4.2 (NKJ) But we have renounced the hidden things of shame...

- **Renounce it** _____

Eph. 4:1 I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called.

Matt. 5:29-30 If your right eye causes you to sin, pluck it out and cast *it* from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell. And if your right hand causes you to sin, cut it off and cast *it* from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell.

1 John 5:21 Little children, keep yourselves from idols.

- **Renounce it** _____

James 5:16 Confess *your* trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

3. _____

Acts 3:19 Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord.

- **Renew your** _____

Psalms 34:8a Oh, taste and see that the LORD *is* good...

- **Renew your** _____

John 4:24 God *is* Spirit, and those who worship Him must worship in spirit and truth.